

# POSSABILITIES EXPO SCHEDULE 04.20.2024

## 10:00AM DOORS OPEN

Yay! You're here!

## 10:15AM

educational  
**SYMPOSIUM**

### Session: Higher Education & Transition Programs

UK College and Career Studies Program and WKU SAV-Y Program

Location: Auditorium

This session is designed to inspire parents of and individuals with intellectual disabilities that secondary education is possible and can be a meaningful part of life. Explore two programs in Kentucky that offer specialized programs for disabled students to acquire workplace skills and competencies while gaining academic knowledge in an inclusive environment.

### Session: Independent Living Skills & An Intro to the KEY Academy

Lindsay Jones and Crystal Smith, Path Forward of Kentucky

Location: 163C

This session is designed to inspire individuals living with disabilities to develop and utilize skills that are necessary for independent living. Also, get to know a local resource that offers a 2-year transitional program offered in a classroom setting led by exceptional instructors.

## 10:20AM

### National Anthem: Miss Kentucky, Mallory Hudson

Location: Room 208 • Stage

## 10:30AM

### Adaptive Sports Demo: Wheelchair Tennis

Location: Outside - Entrance through West Lobby

## 11:15AM

### Fashion Show

Location: Room 208 • Stage

## 11:45AM

### Adaptive Sports Demo: Wheelchair Basketball

Location: Outside - Entrance through West Lobby

## 12:00PM

educational  
**SYMPOSIUM**

### Session: Navigating the World of Waivers

Cameron Scharlow, LifeSkills, Inc. and

Kimberly Proctor, Barren River Area Development District

Location: Auditorium

Do you every feel lost when it comes to the "world of waivers"? You are not alone! This session will try and break down some of the most confusing aspects of waivers and provide helpful knowledge so that you are more prepared to move forward.

### Session: Understanding and Handling Stress

Abby O'Keefe, KY-SPIN

Location: 163C

This workshop will explore tips and tricks aimed at guardians for understanding stress, identifying negative stress triggers, and outlining best practices for prioritizing their personal mental health.

AUTISM • HEARING • VISION • SPEECH • DEVELOPMENTAL  
DYSLEXIA (AVAILABLE 10AM-3PM)

Free Screenings will be available  
**10AM-2PM**

Sign up Location: East Lobby

Please Note: Screening sign-ups close at 2PM  
in order to accommodate all registrations before  
the end of the event.

These free activities are available  
**10AM-3PM**

### Over 120 Resource Tables

Location: See Map for Category Locations

### All-Inclusive 18ft Adaptive Climbing Wall

Location: West Lobby

### Face Painting

Location: 163A & 163B

### Photo Booth

Location: Outside of 163C

### New Beginnings Therapeutic Riding Horse Area

Location: Tent - Open Courtyard  
Entrance through West Lobby

### Meet & Greet: Miss Kentucky

Location: Regency Room 130

### Adaptive Sports Demos

Location: Outside - Entrance through West Lobby All  
adaptive sports are open for attendees to try at any  
time that there is not a scheduled demonstration  
taking place. See the Bowling Green Parks &  
Recreation table for assistance.

### Sensory Room

Location: Room 116



### PossAbilities Market

10AM-3PM • Location: 163A & 163B

Shop in our new market area to purchase  
some amazing items from shops that  
support individuals with disabilities.

# POSSIBILITIES EXPO SCHEDULE 04.20.2024

**12:45PM**

## **Performance by Olympic Gold Medalist: Lee Dockins**

Location: Room 208 • Dance Floor

**1:00PM**

educational  
**SYMPOSIUM**

## **Session: Beyond the Basics of IEPs: My Child Receives Services, Now What?**

Annie Shirley, Shirley Child Education Advocating Services

Location: Auditorium

You know what an IEP is. You've already conducted the meeting with the school and your child's IEP is considered complete. Now what? How do I ensure my child's IEP is followed? How do I approach school administration if I know it's not being followed? What am I within my rights to do? Get your answers to these questions and more when you attend this session.

## **Session: Seeking Social Relationships**

Peyton Collins, Suzanne Vitale Clinical Education Complex

Location: 163C

Interpersonal relationships (friendships, dating, etc.) are an important aspect to a full and enriching life. In this session, the presenter will walk individuals through the important steps of how to build appropriate relationships and keep them.

**1:45PM**

## **Fashion Show and Performance by Darla Day, "This is Me"**

Location: Room 208 • Stage

**2:15PM**

educational  
**SYMPOSIUM**

## **Session: Special Needs Trusts**

Brian K. Pack, JD, Pack Law Firm P.S.C.

Location: Auditorium

Join Brian K. Pack, JD as he dives deep into the topic of Special Needs Trusts. Learn the basics about how to prepare for the future with your disabled loved one. Explore how to get started and move towards the most important next steps in planning financially for what happens after you're no longer able to care for your child or dependent.

## **Session: Skills for Effective Self-Advocacy**

Stacie Hutchison, Green River Regional Educational Cooperative

Location: 163C

Person-centered planning focuses on placing individuals at the heart of the planning process, fostering a collaborative environment that celebrates their unique strengths, preferences, and aspirations, while identifying current supports as well as future support needs to make dreams of the future a reality. This session will empower attendees to move away from traditional top-down approaches and embrace person-centered practices that prioritize the individual's goals and dreams. Participants will gain an overview of the principles and techniques that underpin person-centered planning, and walk away with tools that can be used to support person-centered planning for themselves and/or their loved ones.

**2:30PM**

## **Adaptive Sports Demo: Goalball**

Location: Outside - Entrance through West Lobby

**2:45PM**

## **Performance by DSSKY Rockerz**

Location: Room 208 • Dance Floor

**3:00PM END OF EVENT**

*We're so glad you came.*