



educational
SYMPOSIUM

GIVEAWAYS!
ATTEND FOR
YOUR CHANCE TO WIN!

07.18.2026 • NO REGISTRATION REQUIRED • FREE AND OPEN TO PUBLIC

Knically Conference Center Auditorium • 2355 Nashville Road Bowling Green, KY 42101

9:30AM-10:00AM CST

Best Sleep Practices for Children and Adults

Presented By: Ariel J. Mujakovic, APRN • Norton Children's Medical Group Bowling Green

Quality sleep is essential for physical health, mental well-being, and daily performance at every age. Join Norton Children's provider Ariel Mujakovic, APRN, for an engaging discussion on evidence-based sleep habits for children and adults. Learn practical strategies to improve sleep quality, address common sleep challenges, and establish healthy routines that support overall wellness for the entire family.

10:30AM-11:00AM CST

From Clinic to Classroom: Building a Confident Start

Presented By: Taylor Colvin

Learning and Behavior Special Education Teacher • Board Certified Behavior Analyst

Transitioning from clinic-based services to school is an exciting milestone, but it can also bring many questions and uncertainties. This session will help families understand what to expect as their child enters the school setting, the foundational skills that support a successful transition, and practical ways to prepare at home. Led by a classroom teacher and Board-Certified Behavior Analyst (BCBA), participants will gain strategies to build independence, communication, and classroom readiness while learning how to partner effectively with their child's school to create a positive start.

12:15PM-1:15PM CST

Navigating Special Education: What Every Parent Needs to Know

Presented By: Director of Special Education Panel

Cain Alvey • Director of Special Programs • Elizabethtown Independent Schools

Carole Brown • Director of Special Education • Meade County Schools

Carrie Wedding • Director of Special Education • Owensboro Public Schools

Haley Hudson • Director of Special Education • McLean County Public Schools

The special education process can feel overwhelming, especially for families who are new to special education services or unsure of what to expect. Join a panel of experienced Directors of Special Education as they answer common parent questions, explain key steps in the special education process, and share practical guidance for working collaboratively with schools. This interactive session is designed to reduce anxiety, build confidence, and empower families with the knowledge needed to advocate for and support their child throughout their educational journey.

1:45PM-2:15PM CST

Overview of Physical Medicine and Rehabilitation, Heart Care, and Neuroscience

Presented By: Norton Children's Expert Panel

Kathryn Breeden, APRN • APRN • Norton Children's Physical Medicine and Rehabilitation

Nicholas Rebhan, M.D. • Pediatric Electrophysiologist • Norton Children's Heart Institute

Vinay Puri, M.D., FAAN • Pediatric Neurologist • Norton Children's Neuroscience Institute

Discover how specialized pediatric care can help children thrive closer to home. Providers from Norton Children's Physical Medicine and Rehabilitation, Heart Institute, and Neuroscience Institute will provide an overview of services available to children and families across the region. Learn how these expert teams diagnose, treat, and support children with conditions affecting mobility, heart health, and neurological development while highlighting innovative therapies and patient-centered care. This session is ideal for parents, caregivers, educators, and health care professionals seeking to learn more about the specialized pediatric resources available through Norton Children's.